

# A celebration of the diversity and inclusion of FOREST SCHOOL

This Programme and Notebook belongs to....



Conference logo\* designed by Thomas Colwood, pupil at Thomas A Becket School, Worthing, Sussex.

\*Other logos designed by pupils from Thomas A Becket School are included in this booklet.

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# About the Forest School Association

The FSA is the professional body and dedicated voice for Forest School within the UK. We are devoted to promoting quality Forest School for all.

## Our charitable purpose

*“The advancement of education for public benefit through promotion and support of quality Forest School in the United Kingdom. We work to enable all children, young people and adults to benefit from increased opportunities for high quality Forest School in a woodland environment.”*

## To do this we:

- Communicate a strong, clear vision of what Forest School is.
- Develop and maintain the curriculum content for approved Forest School qualifications.
- Work together to increase opportunities for people to experience quality Forest School in the UK.
- Provide a central point for collecting, storing and sharing information about Forest School and good practice in Forest School (including notes on good practice, advice on choosing leaders, and advice on choosing trainers.)
- Stimulate, store and share practitioner and academic research and learn from it.
- Work collaboratively with other organisations with similar goals and in related areas.

## Who can join?

We are an inclusive, forward-looking and democratic membership organisation. We are open to all levels of Forest School professionals and all those interested in providing and growing opportunities for people to experience quality Forest School within our UK nations. Go to <http://www.forestschooassociation.org/membership-options-page/> for information on our range of membership schemes.

## How will we work towards ensuring high quality?

- As a self-governing professional body we will work with approved training providers to deliver FSA endorsed Forest School courses and Forest School qualifications.
- We will endorse training providers who meet the criteria for good practice.
- We provide publicly accessible information about qualified Forest School practitioners.



# Meet the FSA Directors



**CHAIR - Lily Horseman**  
**Guidance and Bulletin Portfolio**  
Over the past 15 years, I have been a practitioner and Forest School trainer. As an active member of the Forest School community, I have been involved in setting up Forest School networks in Herefordshire, Bradford and in Cumbria where I'm currently based. Having worked in the voluntary sector, local authority, schools, and early-years settings as well as my current work as a freelancer I have the first-hand experience of the different ways Forest School can positively impact on the lives of children and young people and the adults who work with them.



**Froo Signore**  
**Strategy development Executive Working Group**  
I qualified as a Level III practitioner in 2014 and set up Branching Out Forest Schools delivering Forest School to schools and organisations in and around

Liverpool. I have worked with nurseries, primary schools, secondary schools, excluded teenagers and currently work with boys with emotional and behavioural challenges. I'm consequently really interested in the 'emotional intelligence' side to our work. In my 'down time,' I love time with my family or walking with friends.



**Sarah Lawfull**  
**National Conference Director Representative**  
After 29 and a half years of voluntary youth work, Primary and Early Years teaching, latterly leading Forest School training for Oxfordshire Forest School Service as part of the County Council

team at Hill End Centre I left the public sector to set up a social enterprise. 'Where The Fruit Is' has the vision to engage, enable and equip educators, vulnerable teenagers and disenfranchised families through inspirational training in the outdoors. I am excited at this new opportunity to build effective connections and collaborations at a national level, working to create a growing, influential Forest School movement, providing a 'grassroots' voice for children, young people, families and outdoor educators within an increasingly 'formal' education system.



**Geoff Mason**  
**Secretary | Research Portfolio**  
I'm an independent FS leader working on the Isle of Wight. I established my own FS company in February 2010. I'm level 3 Forest and Beach School

qualified, as well as a Beach School trainer. Previously, I was a behaviour and emotional management therapist with the prison service. When I heard about FS I knew this was a way to help young people avoid social and educational pitfalls which may bring them into the prison system.



**Sara Collins**  
**Deputy Chair | Marketing & Social Media Portfolio**  
I am a Forest School Practitioner (Level 3) working with urban children in Portsmouth to reconnect primary school children with the natural world. I am a biologist by training and

discovered Forest School while on a career break looking after my son. I set up Eco Urban Ranger in 2010 and work on a weekly basis with a number of schools. I first started volunteering for the FSA as part of working through the Accredited Practitioner of the Institute for Outdoor Learning programme. Following this experience, I decided to formalize my contribution to the FSA. I grew up with a love of the natural world.



**Louise Ambrose**  
**Local Groups Portfolio**

I believe that Forest School is a powerful way of helping people of all ages to find their place in nature and reconnect to their ancient ancestral heritage. If we, the Forest School community, work cooperatively and creatively we can empower the people we work with to choose happier, healthier and more sustainable lifestyles. I have always loved playing in nature and originally trained as an ecologist. Early in my career, I realised that it was more fun to have other people to play with outside and ended up working in the outdoor learning industry for the last 13 years. Since 2008 I have mainly worked as a freelance Forest School trainer and have coordinated the Forest School strategy for Norfolk Local Authority.



**Jon Cree**  
**Acting Treasurer | National & International Portfolio**

I passionately believe in working in a Forest School way with so-called 'disaffected' teenagers and I now manage the teenage programmes run at my centre in Worcestershire for those young people where the indoor school learning environment does not meet their needs – Forest School is helping them realise their own talents and gain a qualification! I manage and deliver the training programme run by the centre, which includes Forest School training. When Forest school came along it combined perfectly a previous vocation/passion of woodland management & education. I like nothing more than paddling the rivers on the Welsh borders, occasionally hanging out in a hammock while watching deer and spinning a yarn around the fire.

**Jo Phillips**  
**Member Engagement Portfolio**  
TBC



# Weclome to the FSA Conference 2019



The conference is always a wonderful opportunity to meet, pause and reflect on the work that we are all doing. On behalf of the FSA Board of Directors and everyone who comes to share with us, I would like to extend huge gratitude to the Surrey and Sussex FSA conference organizing team for the energy, time and professionalism they have brought to the event. The team include Mary Peach, Tina Hutchinson, Jo Irvine, Julie Johnson, Paul Johnson, Liz Miles, Neil Jameson, Judy Agate, Sharon Jesse and Alison Gittings. You will see their faces on the welcome page, do seek them out to say a special thanks. And, of course, a thanks to workshop leaders and speakers and everyone attending for bringing their experience and wisdom to share with us.

Jon Cree has written an interesting reflective piece on what 'Under One Tree' means to him and I would encourage you to think about how we make space for one another and make Forest School a place in which we can hear different perspectives and reflect on our values and experiences.

Have a wonderful weekend and let's continue to look after ourselves, each other and this beautiful place that we are in.

*Lily Horseman  
- Chair of the Forest School Association.*

**This time last year we took on a new format for the annual FSA Forest School conference with a festively feel, and this year will be carrying on that more 'open' feel with the theme of 'Under One Tree'.** We will be exploring what 'inclusivity' means if we are to achieve the goal of 'Forest School for All'. Many people would say this is implicit in the Forest School principles, especially the learner – led principle where we are aiming to work towards a community of learning that is "equal, unique and valuable". What's the issue if it is enshrined in one of the FS principles....why a conference on this? Let's go back one year. During one of the open debates about where Forest School is at and what some of the barriers might be, a member made a very valid observation of the 'make-up' of the festival attendees and the Forest School leader community.

While we have not done an extensive study on the background of Forest School practitioners, my guess is it is not representative of the UK society. It was also pointed out that probably many of us worked with more diverse groups...probably true. Certainly many of the groups I have worked with have been mixed race, mixed ability, mixed needs etc. Niki Buchan will explore this phenomena in more detail in her opening keynote at this year's conference. It was this dichotomy that has prompted a much wider debate within the Forest School community about diversity and equity within the Forest School profession. Sarah Lawfull and I attended a higher education conference earlier this year that was looking at inclusivity in sustainability and nature based education from early years through to university and we had the Forest School slot. When I heard the stats around physical disability (1 in 5 of our population has a designated disability, and one of the biggest barriers to involvement and 'access' is people's attitudes towards disability), I suddenly realized we still have a long way to go if we are to fully embrace inclusivity in Forest School of all 'groups' in society. In some ways, this is a good debate to have. It gets to the core both of what our 'values' are and what our own 'experiences of inclusion and exclusion' are. These may well inform our values. How are these values embodied in our practices? By practices I mean everything from how we communicate what we have to offer, which organisations in our communities do we speak to through to how these values are embodied in the delivery of our Forest School programmes. Nicky will also provide more detail and, I hope, supportive provocation around 'values espoused' and probably assumed, and 'values enacted', in her opening keynote.

Indeed inclusivity has been a topic that has exercised us at recent FSA Board meetings and there is no clear cut direction as yet regarding how we move forward, with a variety of perspectives and experiences present. The conference is a timely event. While we don't wish to get into identity politics in a big way we cannot ignore our own backgrounds and that we all bring our own perspectives.

So it is great that we have a number of workshops that will delve deeper into the topic if we are to

truly embrace the mission of 'Forest School for ALL'. There is no doubt that there are sectors of society who find it more difficult to access Forest School which maybe for a whole host of reasons – perception, poverty, culture, heritage, 'access' both in terms of language and physical/geographical access. It could be related to the profession not really embracing an understanding of why perceptions and indeed barriers exist, and so it will be good to hear from Hackney Forest School and to discuss further what the barriers may be and how do we - should we - reach out more to non-participating communities? It will be a great privilege to learn from Shawn and Charles of the Wabanaki Arts Collective, a first nations group from eastern Canada, about how the arts of a first nations group can address the inclusivity agenda regarding 'land' and relationship building in a relatively recently colonized country. Tristan Gooley, one of the UK's best known 'natural navigators' is an inspiring speaker and he too will be talking about our common links with the land. With his new book "The Nature Instinct" published this August, he will explore something in his Keynote Speech that is 'common to us all' and can unite us all. We have an ingrained instinct and kinship with nature from thousands of years of living in woods and the wild. How can we unlock this intuition and enrich anybody's life - from those in a Forest School setting to our own backyards?

Stories can talk to everyone – from the literal to the metaphorical. If you look at story and inclusivity, for example, we do take many traditional indigenous stories, sometimes without acknowledgment and sometimes using stories that may well be sacred. How do we work with stories that speak to the land and may be full of motifs and metaphors that we 'use' to place into our western perspective, and speak to us but may have that deeper meaning that may be 'culturally bound'. The conference has a number of story based workshops including one for early years and under 8's with Niki Buchan and a 'place-based' workshop with Landere and Caylin (all the way from North America) - Can we learn from traditional stories without 'co-opting and culturally appropriating' some things that may well be sacred to that community?

Many of the workshops will be looking at working with those that are 'challenged' by both the education system and 'stresses of society' in particular people with mental health issues, demonstrating the growing need to reach groups that are often underfunded and 'missed' by the mainstream education and health system. For

example Carol and Elizabeth at Huarthe will share their recent studies on the impact of 'movement' at FS as a path to well-being and how we observe this to take in all learners development. Bryony from North East Wilds will be sharing her FS work with Adult groups with mental health issues and Marina from Circle of Life Rediscovery will be sharing her work with CAHMs teams with family and young peoples groups. Meanwhile Vicki from Brightwood training will be sharing a 'toolkit' for working with mental health and groups beyond mainstream. Billy and Caroline at Diggers FS will be sharing their experiences of running FS with adult stroke victims and Kathy from Hampshire will be sharing her many years of working with FS as a therapeutic programme. And then there is a seemingly growing group of autistic learners - Michael James is back again to champion this neurodiverse group and facilitate a forum on how we can develop best practice in an 'inclusive' way, and Jessica Brocklebank and Sonia Cox will be sharing thoughts and experiences around some of the barriers ASC people experience and we, as neurotypical people, have to working together.

Alongside all these workshops and discussions we have some of the popular creative and 'practical hands-on workshops to inspire and 'create'. And most importantly we hope we will facilitate thoughts around how we 'include' the trees and other non humans in the woodland community in a compassionate, reciprocal way such that they are also 'equals'.

This year's conference will be inspiring and thoughtful, providing a snapshot of all the good Forest School work that is happening around inclusivity. I hope folks use this opportunity to reach out both to each other and embrace our differences, and to contemplate taking that step to reach out more to our own communities, that are indeed always more diverse than that we experience and 'perceive'. We know the more biodiverse an ecological community is the more resilient it is and that often the most diverse areas are on the edges. Talking to people not from 'our bubble' can be edgy but the rewards and learning is great. After all, whatever our creed, culture, religion, sexual orientation and background the world does have one common demoninator and that is the natural world and the 'one tree'!

*Jon Cree*  
*Founding Chair, Director and Treasurer of the FSA*

# Weclome to the FSA National Conference 2019



Mary



Tina



Alison



Jo



Sharon



Paul



Judy



Neil



Liz



Julie

from the  
**Surrey & Sussex Conference  
Working Group**



# Forest School Association National Conference 2019 WEEKEND PROGRAMME

## Wonder and Oneness in the Woods

FRIDAY	
17.00 onwards	Delegates arrive, register and collect wristbands.
17.30-18.15	Evening meal – Orange Wristbands
18.15-19.00	Evening meal – Blue Wristbands
19.00-19.45	Evening meal – Yellow Wristbands
	<i>For delegates who have opted for 'catering', sandwiches can be provided for any known late arrivals (after 19.30).</i>
19.00 onwards	Chill out time! Meet up with old and new friends and enjoy self-directed games and impromptu music/stories around the fire. If you play an instrument please bring it along.
23.00	<b>Please be quiet from 23.00</b>
SATURDAY	
07.00	Breakfast - Orange Wristbands
07.30	Breakfast - Blue Wristbands
08.00	Breakfast - Yellow Wristbands
08.00 onwards	Day visitors arrive, register and collect wristbands.
09.00-09.15	Welcome, introductions and domestics
09.15-09.45	<b>Introduction speaker</b> – Niki Buchan, Natural Learning
10.00 - 11.00	<b>Keynote Speaker</b> – Tristan Gooley, The Natural Navigator
11.15	Workshop Gathering – meet the providers who will take you to their locations.
11.30 - 13.30	<b>WORKSHOPS</b> (2 hrs)
12.00 - 17.30	<b>Village Square Open - plus pop-up natural tearoom and drop-in skills workshops</b>
13.00	Lunch - Orange Wristbands
13.30	Lunch- Blue Wristbands
14.00	Lunch - Yellow Wristbands
12.00 – 14.30	FSA Directors' Surgery Time – Pop along to the Village Square and air your views/suggestions for the FSA during this surgery session.
14.30 - 15.15	Meet up in local FSA Area Groups
15.15	Workshop Gathering – meet the providers who will take you to their locations. Scratch Choir <b>WORKSHOP</b> begins.
15.30 - 17.30	<b>WORKSHOPS</b> (2hrs)
17.30	<b>Campfire singing!</b> Gather round for our community choir time.
18.30	Feel the vibes with the Croydon Steele Band Chill out and chat time.
18.30 onwards	<b>CAMPFIRE FEAST – open to all</b>
	There are no set tea or coffee breaks. A tea/coffee station will be open in a marquee for delegates to access as you wish (bring own mugs)
	<b>Bar open</b> Bring your own mugs

# Forest School Association National Conference 2019 WEEKEND PROGRAMME



## Wonder and Oneness in the Woods

20.30 - 22.30	Gather your dancing feet and join the <b>Ashdown Forest Band</b> for a spot of <b>Barn Dancing</b> in the Grand Hall.	<b>Bar open</b> Bring your own mugs	
			
23.00	<b>Please be quiet from 23.00</b>		
<b>SUNDAY</b>			
07.00	Breakfast - Orange Wristbands		
07.30	Breakfast - Blue Wristbands		
08.00	Breakfast - Yellow Wristbands		
08:00 onwards	Day visitors arrive, register and collect wristbands.		
09.00	<b>All cabins must be vacated, and any kit for those using public transport taken to allocated storage room</b>	There are no set tea or coffee breaks. A tea/coffee station will be open in a marquee for delegates to access as you wish (bring own mugs)	
09.30 - 10.30	<b>Morning Speaker –</b> Michael James – Forest School and Autism		
09.30 - 14.00	<b>Village Square Open - plus pop-up natural tearoom and drop-in skills workshops</b>		
10.30	Workshops Gathering – meet the providers who will take you to their locations.		
10.45 - 12.45	<b>WORKSHOPS (2hrs)</b>		
13.00	Lunch - Orange Wristbands		
13.30	Lunch - Blue Wristbands		
14.00	Lunch - Yellow Wristbands		
14.00-14.50	FSA Directors – feedback and discussions continuation from Saturday and identify key points to take forward.		
15.00	<b>CLOSING GATHERING</b>		
15.30	Mini buses departure to drop off points. Delegates depart.		
17.00	<b>Site to be cleared by 17.00</b>		





# Forest School Association National Conference 2019

## Saturday Night Feast

### ~ MENU ~

**Please bring your own bowl /plate and fork**  
***Anyone with allergies should bring their own food to be on the safe side.***

~ Sharing aperitif ~  
(we will put bowls out on all tables please fill and share )

#### MAIN

- ~ Vegetable Curry ~
- ~ Scones cheese/plain ~
- ~ Poppadums ~
- ~ Variety of flat breads ~
- ~ Pickles ~
- ~ Cucumber raita ~
- ~ Onion salad ~
- ~ Samosas ~

#### DESSERT

- ~ Vanilla Sponge with foraged blackberry and apple coulis ~

PRICE - one pair of new socks incl VAT

#### ACCOMPANYING WINES

Please consult our wine expert to discuss appropriate accompaniment  
for each course



Thank you to **UK Harvest** for providing many of the raw ingredients for our feast.

Many thanks to Barb our Forest School chef and food artist who has created and prepared our outdoor feast.

## Forest School Association National Conference 2019



Alison our village squire would like to welcome you to  
Surrex village square.



The Village Square opens; you have time to explore,  
What will you find there? Drop-in workshops and more...,

A trip back to the past; a drum-maker is there,  
Some warm outdoor clothes and so much more in the Square.

But what's that, in the centre? That's worth a look.  
A beautiful carved sculpture, made out of wood.  
Someone's been busy with a chainsaw in hand,  
It is to be auctioned; it can stand on your land!

How do you bid for it? The instructions are clear,  
Put your bid in an envelope and hand it in here.  
Keep your fingers crossed and wait to the end,  
To see if you've won it, maybe you'll rejoice with your friends!

Of course, another way of chancing your luck,  
Is to take part in the raffle, you might not come unstuck.

The prizes are worthy of having a go,  
So buy a few tickets, you might win, you don't know!

We look forward to seeing you down in the Square,  
And we hope you'll enjoy all the things you'll find there.



# Forest School Association National Conference 2019



## Essential Event Information

### Water

All water on site is drinking water. There are standpipes available to campers located in the Teepee Village field, Opposite the Pinnacle Cabin, and near the Grand Hall.

### Washing up and waste water

Please use the washing up sinks provided near Grand Hall

### Toilets

Main toilet block is located at Grand Hall.

### Waste

We are aiming to make this event as minimal waste as possible. Please take your waste home with you. No single use plastic items please.

**Remember:** leave no trace. Remove your waste.

### Glass

No glass items are allowed on to the conference site.

Please decant all contents from glass into a re-useable container/non-glass bottle before going out from your tent/camping space.

### Eating Equipment

This is provided for all meals served in the dining area of the Grand hall, to delegates who have opted for 'catering' (that is Orange, Blue and Yellow wrist band holders). The Saturday Evening Campfire food is for all delegates, so please bring your own plate/bowl and eating irons, along with your mug.

No single use plastic items please.

Washing up facilities are located outside the Grand Hall.

### Fires

There are a number of designated large fire areas on the site. There are also a number of other smaller fire areas that are tended by workshop providers. Please do not light any other fires in the area. No cooking inside the teepees. No BBQs.

### Accommodation

This needs to be vacated by 9am Sunday morning. All kit can be taken to the storage facility, if you are using the mini-bus drop off service to get to your parked car or public transport.

### Smoking

High Ashurst is a non-smoking centre. Therefore, any smokers will have to go off-site through the main gate and along the path should they wish to smoke.

# Conference Speakers



## Introductory speaker Niki Buchan - Our Tree Community

🌿 Saturday 9.15am 🌿 Main Marquee

- [www.naturallearning.net.au](http://www.naturallearning.net.au)

The Forest School movement has been instrumental in increasing the number of children accessing forests and other natural environments since 1993. In this presentation we will celebrate inclusivity and explore the national and international diversity of Forest Schools and other nature based practices that benefit children. Niki will share her thoughts on common core values and a possible future focus to support the continuing growth of Forest Schools.



## Lead Speaker Tristan Gooley - Natural Navigation

🌿 Saturday 10.00am 🌿 Main Marquee

- [www.naturalnavigator.com](http://www.naturalnavigator.com)

Tristan describes how he learnt to find his way using the sun, moon, stars, weather, plants, animals and buildings. He has used the ancient techniques of natural navigation in the desert, on ice, in the jungle, on mountains, in cities, on oceans and in the English countryside and he explains how natural navigation can enrich all our journeys, large and small, even in our backyard.



## Michael James - Forest School & Autism Forum + Forest School and Neurodiversity Forum

🌿 Sunday 9.30am to 10.30am - Optional 🌿 Main Marquee

Forest School has always recognised that people learn and play in different ways and is delivered to people of all abilities.

There is increasing interest in developing practice for people whose needs differ from the neuro typical.

This forum is an opportunity for the Forest School community to come together and discuss how we can develop best practice and support and learn from one another to create inclusive Forest School in our neurodiverse world.

Our forum will include participants from the autistic and learning disability communities who will discuss the importance of making sure that neurodiverse voices are at the centre of developing good practice and help to explain how this can be done in practical terms.

This discussion will be relevant to all Forest school practitioners so please come along and take part, it'll be better if we do it together.



## Presentation & discussion forum

Michael will be accompanied by Andy Smith - who writes a blog 'Understanding Autistics'. He himself has suffered with 'autistic burnout' and his aim is to support other young people with autism, encouraging them to live their lives as themselves and not to mask their autism.

## WONDER



## Workshop Sessions and Locations - WONDER

### Adapting 'Forest School' to your Setting

with Kathleen Bailey

Using the findings from my MA research on what children valued about 'Forest School' experiences, I developed an outdoor area in my setting. Firstly, I will explain the theory that inspired the initial development. Then I will share what I have learnt since, demonstrating how a process of continual practical changes keeps an outdoor space alive and responding to the children's interests. Using photos of our outdoor space and anecdotal stories I will reveal my particular set of core rules or values that I believe underpin successful outdoor development, however hopeless the space may seem.

✿ Saturday 3.30pm

✿ Outlook Cabin (2) Lounge Area



### Building Mental Toughness Naturally

with Darren Lewis, Ignite Up

• [www.igniteup.co.uk](http://www.igniteup.co.uk)

Our workshop will show how Forest School and a move towards a nature kindergarten model can develop Mental Toughness naturally and why this is important for children and teachers.

We will explore the 4 components of the model and link these to other well known concepts such as resilience, growth mindset & emotional intelligence and demonstrating how this is key to achieving both Successful Futures and the Wellbeing of Future Generations act 2015 (Wales).

✿ Saturday 11.30am & Sunday 10.45am

✿ Fire Pit 1 top of The Meadow tepee village & Meadow marquee





### Doctoral Research on Young Children's Relations with 'Nature'

with Kathleen Bailey: PHD research

As an educator I am interested in how we might engage with young children on issues of climate change. When I started out on my PhD journey I thought I knew exactly what I was researching. A year on, though, young children and 'nature' remain central to my research. My understandings about 'nature' have been on a rollercoaster ride of uncertainty and revelation. I would like to share my final research question with you, why I arrived at this choice and how I intend to go about finding out a bit more about how young children build understandings about 'nature'.

✿ Saturday 11.30am

✿ Coach House, Bottom Carpark



### Forest School Therapy

with Kathy Grogan

A practical approach to supporting adult mental health and well-being through Forest School.

✿ Saturday 11.30am

✿ Fire pit 3 - top of the glade



### Impacting on Young People's Wellbeing through Forest School: the Breeze Project

with Lucy Tiplady, Newcastle University

• [www.ncl.ac.uk/ecls/staff/profile/lucytiplady.html#background](http://www.ncl.ac.uk/ecls/staff/profile/lucytiplady.html#background)

This presentation will discuss evidence from the Breeze Project (Scotswood Garden) that worked with children and young people currently unable to participate in mainstream schooling due to extreme anxiety, behavioural and emotional difficulties and/or learning difficulties, and a further group of Post Looked After Children. The researcher worked in close collaboration with the Forest School practitioner and school staff, using a theory of change methodology to explore how and why change occurs. This presentation will reflect on the experiences of the project, the evidence of impact, the links with Froebelian principles and the challenges faced.

✿ Sunday 10.45am

✿ Marquee in the Paddock (main marquee)



### Local Forest School Case Studies

with Neil Jameson, Sussey Wildlife Trust

Come along and hear how Forest School sessions are being delivered in a variety of ways. Hear what has been successful and the challenges they faced

✿ Saturday 3.30pm

✿ Summer House - cabin in bottom carpark

### Lose Your Mind - Challenging Mindfulness and Championing Play

with Carol Middleton and Elizabeth Swift, Huathe

- [www.huathe.org](http://www.huathe.org)

It is well researched that being outdoors has huge benefits for all those involved. That research also shows that increased physical movement correlates with a sense of well-being. The current children's mental health crisis brings this evidence to the fore as practitioners and teachers look for solutions to children's difficulties. Huathe's research, funded by University Centre Colchester, began by considering the nature spaces to which children connected, and ended by exploring children's intrinsic movement at their Forest School sessions. Described as inspiring when first aired at last year's Cambridgeshire Forest School conference, this is an interactive and practical talk to children's well-being, helping practitioners reshape their observation skills and active provision. It puts the well-being of children first and is directly linked to Forest School Principles 3 and 6. Elizabeth and Carol explore the biological need to move, contrast movement opportunities indoors and out, offer insights based on research and suggest practical solutions.

- ✿ Saturday 11.30am
- ✿ Woodland Site 6 (not Fire Pit 6) - Woodland Skills Area
- ✿ Sunday 10.45am
- ✿ Review Shelter near High Ropes 3, Bottom of Camping Field



### Paths to Resilience

with Sarah Lawfull, Where the Fruit Is

- [www.wherethefruitis.co.uk](http://www.wherethefruitis.co.uk)

Transform the way we interact with one another. A conversation around the three A's - acceptance, attention and approval. How Forest School offers a safe place to experience setbacks as opportunities for learning and growth. Freedom to play in woodland, giving grounding and an opportunity to focus on successes, strengths and interests. How the Forest School Leader might work with the riches of the natural world to provide deep learning experiences, rewiring brains, supporting children and young people to build healthy relationships and cope when things don't go their way.

- ✿ Saturday 3.30pm
- ✿ Firepit 5 in Woodland Skills Area, with parachute and hazel hurdles



### Place-based and Inclusive Storytelling

with Landere Naisbett & Caylin Gans - Tracks Forest School

- [www.fb.com/tracksforestschool](http://www.fb.com/tracksforestschool)

Caylin and Landere are passionate about incorporating storytelling into Forest School and enjoy telling/creating stories that are rooted in the places and communities within which they work to make them rich and meaningful for their learners. They've been working hard on developing resources around what it means to be place-based and inclusive in Forest School and have found storytelling to be a powerful and potent tool to celebrate diversity as well as help learners gain a sense of place. This workshop explores some of the ways we can weave our own communities and experiences into our stories at Forest School.

- ✿ Saturday 3.30pm
- ✿ Woodland Area Site 1
- ✿ Sunday 10.45am
- ✿ In the bottom of The Glade Meadow



### Starting With a Story, Running with a Rhyme, Outdoors

with Nicky Walters

"Tell me a fact and I will learn it. Tell me the truth and I'll believe it. But tell me a story and it will live in my heart forever." Indian proverb

This workshop aims to share the magic and wonder of stories and the mini stories within rhymes, that can be easily shared in an outdoor gathering space.

I intend to inspire attendees with a variety of storytelling ideas and techniques particularly suitable for young children 8 years old and below. I will share activities and invitations that have engaged the children with whom I have worked, to listen, imagine, retell, act out, share, draw, write and enjoy stories.

- ✿ Saturday 3.30pm
- ✿ Firepit 1 - top of The Meadow teepee village
- ✿ Sunday 10.45am
- ✿ Woodland Site 6 in Woodland Skills Area



### Storytelling and Provocation with Early Years and Beyond

with Julie Johnson, Peter Pan Nursery & Forest School

Story-telling, being 'at-one' in the woods and the joy of sharing this with like-minded people are passions of mine. I hope that from my workshop you will gain more confidence with your storytelling approaches with young children and will take away some new ideas and stories.

- ✿ Sunday 10.45am
- ✿ Woodland Site 7



### Survive or Thrive? How to boost your Forest School Business

with Natalie Ganpatsingh - Nature Nurture CIC

- [www.nature-nurture.co.uk](http://www.nature-nurture.co.uk)

You have the skills, you have the drive, now is the time for your business to thrive! Whether you have recently set up or you've been operating for a few years, generating enough revenue to earn a living and grow your business can be hard. This practical session will help you build a vision and action plan for running a successful Forest School business.

We will explore revenue generation through both grants and contracts. We will look at project management and accounting. By considering the needs of our target audiences, we will develop marketing messages that generate business and maintain a loyal client base.

- ✿ Saturday 3.30pm
- ✿ Firepit 6 - in Woodland Skills Area , parachute with out hazel fencing
- ✿ Sunday 10.45am
- ✿ Firepit 4 - opposite Grand Hall heading towards the Glade



## Theory of Change Evaluation Techniques

with Lucy Tiplady - Newcastle University

- [www.ncl.ac.uk/ecls/staff/profile/lucytipлады.html#background](http://www.ncl.ac.uk/ecls/staff/profile/lucytipлады.html#background)

This workshop will explore the theory and practice of using theory of change (ToC) in evaluating the impact of Forest School. The workshop will consist of three elements.

1. A brief overview of theory of change evaluation
2. Participants will be given the opportunity to construct their own ToC, exploring what kinds of questions need to be asked, and enabling them to consider the practicalities for such an approach.
3. We will discuss the use of evidence and data within a ToC and facilitate a discussion aiming to address particular questions that participants have.

✿ Saturday 3.30pm

✿ Coach House, Bottom Carpark



## Trees, Ropes, Games & Connection

with Marina Rob, Circle of Life Rediscovery

- [www.circleofliferediscovery.com](http://www.circleofliferediscovery.com)

This workshop will provide an embodied experience of fun ideas with ropes & cordage, from team-building, games and swings to natural play.

✿ Saturday 11.30

✿ Woodland Site 4



## Wild Words in the Woods - Taking Literacy to the Next Level!

with Ben Rayner - SOLD High Ashurst

- [www.surreyoutdoorlearning.uk](http://www.surreyoutdoorlearning.uk)

This practical outdoor session will concentrate on spelling and story-telling to inspire creativity and explore new ways of teaching English. There will be an opportunity to establish cross curricular skills using orienteering to develop the use of language through story-telling.

✿ Saturday 3.30pm

✿ Front of The Paddock - near main marquee



## Working with under 3 yr olds - Storytelling, Artmaking, Loose parts play, Community Building

with Holly Dabbs - Foxglove Forest School

- [@foxgloveforestscool](https://twitter.com/foxgloveforestscool)
- [@hollydabbs](https://twitter.com/hollydabbs)
- [www.foxgloveforestscool.co.uk](http://www.foxgloveforestscool.co.uk)

This session will explore good practice for working with children under 4 and their families. Through group discussion and creative activities, we will look at child development, storytelling and exploring texts with the very young, art making as well as collaborations with partner organisations. This will hopefully give participants lots of inspiring ideas to take away!

✿ Saturday 11.30am

✿ Woodland Site 2



## The Value of Forest School and Forest School Inspired Play in Fostering Healthy Attachment between Children and Care Givers

with Charlotte Alchin & Lizzie Banks

- [www.muddypuddleclub.co.uk](http://www.muddypuddleclub.co.uk)

We will explore the specific strengths of Forest School on play and how the approach can strengthen the attachment between children and their caregivers. We will look at the requirements for a child's mental, physical; and psychological development and how these are met. We will look at how Forest School develops healthy attachment for attendees and the effects that this can have on our wider communities.

- ✿ Saturday 11.30am & Saturday 3.30pm
- ✿ Horizon Cabin (1) Lounge Area



Conference logos designed by pupils of Thomas A Becket School, Worthing, Sussex.





## Workshop Sessions and Locations - ONENESS

### The Benefits that Forest School brings to those Affected by Stroke

with Billy Bean, Caroline & Digger's Forest School

- [www.diggersforestschoool.com/after-a-stroke](http://www.diggersforestschoool.com/after-a-stroke)

Caroline runs a Forest School Nursery with her husband in W. Sussex. Being a stroke victim herself, she recognises the benefits that Forest School brings to those living with the effects of a stroke. She now runs Forest School based workshops for adult stroke victims.

\* Saturday 11.30am

\* Room LHS of Reception Area in Grand Hall



### Exploring Potential Barriers to Accessing Forest School/ Outdoor Learning and Ways to Collaborate to Improve Inclusive Practice

with Lauren Mills - Hackney Forest School

- [www.hackneyforestschoool.co.uk](http://www.hackneyforestschoool.co.uk)

This workshop will share how Hackney has provided inclusive practice in Forest School so far and will share findings about all communities accessing Forest School in the Hackney Borough. The workshop offers the opportunity to have an open-ended discussion on practitioner's experiences within their local area around inclusion; challenges they face and successes they have achieved. The workshop will also offer brainstorming ways in which we can work together to support communities' access to Forest School / outdoor learning.

\* Saturday 11.30am

\* Cabin 3 (View Point Cabin)

\* Sunday 10.45 am

\* Coach House, Bottom Carpark



### Forest and Nature Schools Internationally

Niki Buchan

- <http://www.naturallearning.net.au/>

An opportunity to discuss and share knowledge and examples of how nature based practice has evolved in different countries and cultures. What does it look like in the UK, Korea, USA, Canada and Australia? What is driving it in different countries? We will critically reflect on qualifications, philosophy, practice, intention and challenges in maintaining a high quality concept while removing possible and perceived barriers to children having access to wild nature.

✿ Saturday 3.30pm

✿ Woodland Site 7, Woodland Skills Area



### Forest School and Autism

with Jessica Brocklebank & Sonia Cox

- [www.grettonschool.com](http://www.grettonschool.com)    [www.firefliesforestschool.co.uk](http://www.firefliesforestschool.co.uk)

This is an opportunity for Forest School practitioners to have a discussion around what barriers they are experiencing for their children with autism in a Forest School session. We will begin by discussing what Autism is and how it may present in a Forest School session, we will explore their sensory needs and discuss ways to ensure your site provides the sensory experience a child may be seeking. We will also give you an insight into the behaviour challenges and provide some tips on how you can ensure your sessions are accessible, safe and memorable for a child who is on the autistic spectrum.

✿ Saturday 3.30pm & Sunday 10.45am

✿ Woodland Site 2 - behind The Glade



### Forest School for Adults with Mental Health Issues

with Bryony Purvis - North East Wilds

- [www.northeastwilds.org](http://www.northeastwilds.org)

A talk about our Forest School sessions run for adults with mental health issues. We're not experts, but we'd like to share the story of how our project came about, the insights we've gained from running this project and how we are developing it in the future. Our talk will be honest and anecdotal, we will share pictures from our days spent in the woods and discuss some of the challenges we have faced. We would like our talk to encourage discussion about how this work might develop in new and positive ways, spread to other parts of the UK and connect with other people interested in further developing Forest Schools for this user group.

✿ Saturday 11.30am & Sunday 10.45am

✿ Outlook Cabin (2) Lounge Area



### Green Interventions, Mental Health & Wellbeing Using the Forest School Approach

with Marina Robb- Circle of Life Rediscovery

- [www.circleofliferediscovery.com](http://www.circleofliferediscovery.com)

Linking nature, health and education including case studies on forest-based interventions for vulnerable groups. Circle of Life Rediscovery CIC has been in partnership with CAMHS, FISS-LD-CAMHS, ADCAMHS and LACAMHS for over 10 years providing successful programme for children, young people and families.

✿ Saturday 3.30pm

✿ Marquee in The Paddock



## Indigenous Artists & Knowledge Keepers

with Shawn Dalton - Director of Development, Charles Gaffney - President of the Board of Directors and Brandon Mitchell and Natasha Martin-Mitchell, Mawi'Art: Wabanaki Artist Collective, New Brunswick, Canada

This will be a slide presentation regarding the use of forest-derived materials, and ecosystem-derived iconography, in eastern Canadian indigenous art.

- \* Saturday 3.30pm
- \* The Shed Cabin, near The Grand Hall



## Scratch Choir

with Katie Rose - The Rose Window

- [www.therosewindow.org](http://www.therosewindow.org)

Learning beautiful and accessible, uplifting acapella songs from around the world to share around the campfire enabling all to share the joy and wellbeing benefits of singing together.

- \* Saturday 3.15pm - 5.15pm.
- \* Firepit 7 - bottom of the camping field or The Spinney Marquee if raining  
Campfire session for all in the Glade 5.30pm



## Shinrin Yoku - Forest Bathing

with Claire De Boursac - Nature as Nurture

- [www.natureasnurture.com](http://www.natureasnurture.com)

In this gentle and restorative session you'll be guided through a series of simple 'invitations' to help you connect more deeply with the natural world. A chance to relax your mind, awaken your senses and nourish your soul.

- \* Saturday 11.30am & Saturday 3.30pm
- \* Review Shelter (near High Ropes 3 - bottom left corner of camping field)



## Simple Ways to Prevent Back Pain

with Sarah McNeil - Chiropractical

- [www.chiropractical.biz](http://www.chiropractical.biz)

You love your job? And you don't want to be hindered by dreaded back pain - now, or in the future?

In this workshop you'll learn what the most common causes of back pain are and simple, yet effective ways of how you can avoid them and how to cope if you are in that unfortunate position.

- \* Saturday 11.30am & Sunday 10.45am
- \* The Shed near The Grand Hall



## Social, Emotional Mental Health & Challenging Behaviour Skills in a Rucksack

with Vicki Stewart and Alex Williams - Brightwood Training & Muddy Feet Training

• [www.brightwoodtraining@gmail.com](http://www.brightwoodtraining@gmail.com)

This workshop is a practical toolkit for working with mental health and challenging behaviour beyond the mainstream. We offer research, benefits of the outdoors and ways of engaging with hard to reach individuals. Why you should attend: extending your skills for hard to reach groups is a fruitful area – Forest School skills suit this group's needs and you can increase your client base and offerings to schools and communities. You will gain the latest research on Mental Health. You will learn how to 'hack' your existing kit to provide bespoke solutions for specialist needs. This workshop is for EY to primary, secondary and beyond. We offer effective problem solving for difficult scenarios. You will learn to work beyond the mainstream in schools. You will leave with an action plan of strategies that will work for you, personal and professional goals.

✿ Saturday 11.30am

✿ Fire Pit 5 - in Woodland Skills Area; parachute with hazel hurdles



## Sussex Drum

with Jamie Morgan & Virginia

[www.thesussexdrum.com](http://www.thesussexdrum.com)

A fun hour diving into rhythm: With over 20 years of passion & experience as a professional percussionist & facilitator, Jamie has observed the global capacity of rhythm to connect, heal & inspire. No prior musical knowledge is required. The workshop will begin with the introduction of a simple beat, or pulse, which everyone can play together. Different patterns & flavors will be layered on top to create exciting music inclusive of all levels. Percussion & hand drums will provide a gateway into the art of music and musical cultures from around the world, which belong to everyone.

✿ Sunday 10.45am

✿ Fire Pit 7 & Review Shelter 3



## Thinking about Inclusiveness for all Abilities in Forest School

with Suzi Strudwick & Anne-Marie Abalo

• [www.gowildwithusuk.com](http://www.gowildwithusuk.com)

Thinking about inclusiveness for all abilities in Forest School. A workshop for people with little or no experience in working with folk with special educational needs and disabilities.

✿ Saturday 3.30pm

✿ Woodland Site 5 (not Firepit 5) in Woodland Skills Area



## Using Forest School for Corporate Training and Team Building

with Vicky Stewart - Brightwood Training and Muddy Feet Training

• [www.brightwoodtraining@gmail.com](http://www.brightwoodtraining@gmail.com)

We will look at the use of Forest School for Corporate Training and Team Building; Facilitation Techniques; What makes Corporate Training Effective – the research and evidence; How to Incorporate FS Principles to corporate training; Designing an effective session; Great activities to use.

✿ Sunday 10.45am

✿ Firepit 6 parachute in Woodland Skills area with out hazel fencing

# WOODS



## Workshop Sessions and Locations - WOODS

### Advice on a Case-by-Case Basis - FSA Recognised Provider Surgery

with Nell Seal

- [www.forestschoollassociation.org/](http://www.forestschoollassociation.org/)

A two hour period where providers can book individual, 15 minute slots with Nell Seal to discuss their own practice in relation to the FSA Recognised Provider Scheme and/or discuss their application. Sign up sheets will be available in the Village Square.

- \* Sunday 10.45am - 15 min slots , booked on site (8 slots)
- \* Located where the Directors have their meet & greet on the Saturday afternoon



### A Beginner's Guide to Creepy Crawlies

with Kathy Grogan

Gain confidence in answering the "what, how and why" questions children ask about the natural world.

- \* Saturday 3.30pm
- \* Woodland Skills Area - Site 6 (Not Fire pit 6)



### Bow & Arrow Making and Archery

with Chris Knight, Talking Training Ltd

Join me and make your very own French Arrow or good old Throwing Stick.

We will use beautiful straight hazel to fashion an arrow, fix flights then have a throwing session on the range. You will be amazed how far you can throw your arrow using a simple technique and practice. We will also be showing you how to make a simple but effective bow and arrow using hazel.

There will be shelter and a fire to keep you dry and warm should the elements conspire against us.

- \* Saturday 3.30pm & Sunday 10.45am
- \* Next to Archery Area at top of Teepee Field





## The Children's Forest

with Anna Richardson & Victoria Mew

- [www.cultivatingcuriosity.co.uk](http://www.cultivatingcuriosity.co.uk)

An introductory talk about a tree planting project for children which we are hoping will directly work together with Forest School. offering an opportunity for children to be part of positive action towards climate change. This is in its early stages with local pilot projects in Sussex, due to start in the Autumn.

The Children's Forest connects children of all ages, backgrounds and abilities to nature through the planting and tending of new forests. The creation of the Children's Forest will give children the opportunity to directly learn about and develop relationship to nature.

✿ Saturday 11.30am

✿ Marquee in the Paddock



## Deepening your relationship to Fire

with Victoria Mew, Cultivating Curiosity (Founder) Sacred Earth CBS (Management Committee and Educational Facilitator) and Anna Richardson

- [www.cultivatingcuriosity.co.uk](http://www.cultivatingcuriosity.co.uk)
- [www.seeingthroughnatureseyes.co.uk](http://www.seeingthroughnatureseyes.co.uk)
- [www.sacredearthland.co.uk](http://www.sacredearthland.co.uk)
- [www.artofmentoring.life](http://www.artofmentoring.life)

Engaging with fire lighting challenge, demonstration of fire by friction with bow-drill, have a play on bowdrill kits, introduce a variety of other methods of ancient fire lighting, reflection and harvest of experience. The session will be designed with the 8-shields model.

✿ Saturday 3.30pm

✿ Firepit 3 - top of The Glade



## Engineering in the Woods

with Mark & Heather Clarke, Creativity, Design and Production, (Forest School for All)

- <https://creativitydesignandproduction.wordpress.com/about/>

Join Mark and his family for a series of practical, fun, team working S.T.E.A.M (Science, Technology, Engineering, Art and Mathematics) challenges.

Attempt to solve the problems presented using your knowledge, skills, imagination, materials and equipment available under one tree!

Design, build, test and operate your team's creation before returning all to how you found it, leaving no trace. The workshop gives delegates a wide range of practical experiences and quality low-cost creative ideas to help inspire and challenge their clients in their own locations developing both soft and hard skills.

✿ Saturday 3.30pm & Sunday 3.30pm

✿ Woodland Site 3 - behind The Glade



## Introducing Natural and Foraged Dyes

with Hannah Rosalie

- [www.hannahrosalie.co.uk](http://www.hannahrosalie.co.uk)

An introductory workshop to inspire you to incorporate natural colour into your Forest School sessions for all ages. In this hands-on session, we'll explore dye processes to achieve beautiful colour from native garden and hedgerow plants. We'll forage natural seasonal dye stuffs and learn how to process them for the dye bath. From simple cold process dyes to bundle dyeing and eco-printing we'll be incorporating natural chemical processes to produce stunning colour, prints and patterns for you to take home. PLUS there will be an introduction to traditional egg dyeing and an opportunity to create plant-based inks and watercolours.

✿ Saturday 11.30am & 3.30pm

✿ Firepit 4 - opposite Grand Hall heading towards The Glade



## Introduction to the FSA's Recognised Provider Scheme

with Nell Seal

- [www.forestscholassociation.org/](http://www.forestscholassociation.org/)

Learn about the recently revised FSA Recognised Provider Scheme and its associated benchmarks and benefits. The scheme is open to providers facilitating Forest School in line with the 6 principles. There will also be time for some general questions afterwards.

Please note there will be a separate bookable surgery sessions for individual providers wishing to ask Nell specific questions about their practice in relation to the benchmarks/application process.

✿ Saturday 3.30pm

✿ Main Marquee in the Paddock



## Kev's Bushcraft: Dutch Oven Cooking

with Kevin Keane

Dutch Oven Cooking, encouraging participants to get involved with prep and cooking of vegetarian/vegan food including breadmaking.

**Please note:** Saturday's workshop is Vegetarian/Vegan food and breadmaking & on Sunday it will be cooking Game and breadmaking.

✿ Saturday 11.30am & Sunday 10.45am

✿ Fire Pit 2 - back of The Spinney tepee village

✿ Saturday 3.30pm Drop in icecream making in a dutch oven

✿ Fire Pit 2 - back of The Spinney tepee village



## Making Oak Gall Ink for Calligraphy with a Quill

with Richard Andrews, St Dominic's School, Hambledon

Learn why wasps were so important for medieval scribes and how you can easily make and use ink in your Forest School sessions.

Workshop participants will make their own oak gall ink to take home, while learning all about the art, science, history and natural history of traditional ink-making. We will then have an opportunity to practice calligraphy or make art with our inks using quill pens, reed pens and brushes. Handouts on making oak gall ink and quill pens will be available.

✿ Saturday 11.30am

✿ Fire Pit 6 Woodland Skills Area - parachute without hazel hurdles

✿ Sunday 10.45am

✿ Fire Pit 3 - Top of the glade



## Physicality in Forest School - Ropes, Swings and Things

with Adrian Goodhand, Metabolous Education CIC

This workshop considers the health, wellbeing, learning and development opportunities of providing physical play opportunities in woodlands. It also considers the health and safety of using ropes, cords and other hanging equipment such as hammocks and slack lines and how to balance the risks with the positive benefits. Learn a couple of appropriate knots and methods for securing woodland swings and ladders.

- ✿ Saturday 3.30pm & Sunday 10.45am
- ✿ Woodland Site 4 - behind The Glade



## Seasonal Plant & Tree Related Activities from the Children's Forest Book

with Anna Richardson & Helen D'Ascoli

This workshop will offer activities, wild food, songs and crafts for children aged between 5 and 12 years, by the Authors of the newly published book: The Children's Forest. The activities will be connected to the season and will offer fresh creative ideas for connecting with plants and trees.

- ✿ Sunday 10.45am
- ✿ Fire Pit 5



## Species and Landscape Resilience to Disease – a UK example

with Dr Hugh Williams

Woodlands provide habitats for wildlife, recreational opportunities, employment and an array of timber products. A significant tree component of UK woodland, parks, gardens and green spaces is the Common ash (*Fraxinus excelsior*), with an estimated population of over 100 million trees. Yet since 2012 it has been infected by ash dieback. This kills up to 95% of the ash trees and is a disease that is widespread across the UK and Europe. The nature of the disease and what can be done about will be discussed. Following discussion, the attendees will also have an opportunity to see the ash at Nower Wood, look for clues that identify the disease, consider "what next" options and practical mitigations that are required. Ideas on how Ash dieback can be included in the learning of Forest Schools will also be explored, this is where the delegates' expertise will be much needed and valued

- ✿ Saturday 11.30am
- ✿ Saturday 3.30pm
- ✿ Summer House, bottom carpark
- ✿ Viewpoint Cabin (3) Lounge Area.



## Willow Weaving

with Michelle Clifford, Willow Works

During this workshop we will begin by making willow hoops and then explore how to use these in different ways. A simple willow hoop that doesn't fall apart can be used in all sorts of ways and the same technique can be used for other bendy woods e.g. Hazel. We will also talk about the varieties of willow that are best for Forest School use and where you can get supplies from. At the end of the workshop you should have one or two items to take away with you and a new found set of willow skills.

- ✿ Saturday 11.30am & Sunday 10.45am
- ✿ Front of Paddock.



## Wood Doodles; Axe Work - Fairy Furniture and Beyond - a sharp tools workshop

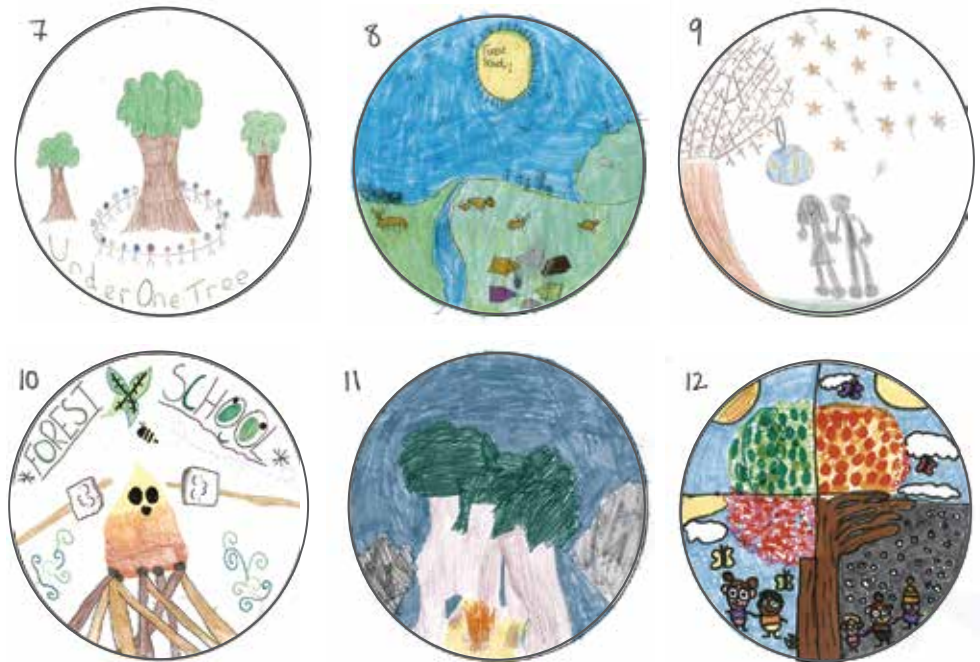
with Luke Astle, Wood Doodles

• [www.wood-doodles.co.uk](http://www.wood-doodles.co.uk)

Learn to safely and effectively use axes and knives to construct a small world furniture set to take away with you. The skills learnt will allow you to become more confident using axes with or around children, and we will spend time looking at the properties of different woods and their qualities for woodland construction. An immersive and hands-on workshop, building on the skills you will have learnt in training, taking them and your confidence up a few notches!

✿ Saturday 11.30 & Sunday 10.45am

✿ Woodland Site 1. Behind The Glade.



Conference logos designed by pupils of Thomas A Becket School, Worthing, Sussex.

# Gatwick Greenspace Partnership

Thank you to Gatwick Greenspace Partnership from Surrey and Sussex FSA for many years of support and expertise.

## Celebrating 25 years of flying the environmental flag



**Started in 1994 as the Horley Crawley Project, Gatwick Greenspace Partnership (GPP) celebrates its increasing positive environmental contribution.**

- Biodiversity Benchmark Accreditation for the last 5 years
- 10 years plus of weekly Youth Rangers sessions for 16-25 year olds
- 500+ young people benefited from valuable work experience, environmental exposure and opportunity for BTEC level 2 qualifications
- Match funded Forest School Level 3 Leaders training in 2003, the first leaders training in the South East and the start of Forest School expansion in the area
- In 2018 alone, 22 biodiversity surveys undertaken including new surveys on butterflies and invertebrates



- Contributing to Gatwick Airport sustainability policies, see: <https://www.gatwickairport.com/globalassets/business--community/new-community--sustainability/sustainability/decade-of-change-report-2018.pdf>
- For more information on the wide range of Gatwick Greenspace Partnership see : <http://biodiversitygatwick.blogspot.com/2019/06/gatwick-goes-wild.html>
- Also in association with the Sussex Wildlife Trust.



# VILLAGE SQUARE - come and look around

## ● Bus Stop Preschool & Nursery School: Stepping Back in Time

Practitioners will be able to take a step back in time, gaining a greater understanding of the importance of the use of fire in days gone by. You will have the opportunity to use a range of artefacts from the Edwardian period and feel what it was like to use a flat iron, wash board and how to heat a hot water bottle.



## ● Outdoor Learning Resources



Outdoor Learning Resources (OLR) is a family run business that prides itself on customer service in the provision of quality tools, equipment and resources for all outdoor learning and Forest School. Our business is run ethically, sourcing products as locally as possible. We will be running a drop-in workshop where you will be able to make a split stick counting game in a variety of sizes using tools.

## ● Chris Knight – Hand Made Forest School Kit



Chris has delivered Outdoor Learning & Forest School

Courses from early years to grandparents, covering activities as diverse as outdoor games, fire lighting, natural art, shelters, tarps and knots and green woodworking. He will be selling handmade Forest School kit including natural art/paint making kits, mallets, saw horses, pot hangers, knitters, french arrows and more...



## ● Popping Popcorn

Take some time to come and make a popcorn maker; a must-have for any Forest School Leader.



## ● The Children's Trust Clothing Stall



The Children's Trust is the UK's leading charity for children with a brain injury. We deliver rehabilitation, education and community services through skilled teams who work with children and young people, and their families. Our ambition is for all children with brain injury and neurodisability to have the opportunity to live the best life possible.

## ● Coddiwomplers

We are Forest School practitioners and willow and hazel workers. We sell a range of woven willow goods and coppiced hazel products. We also provide tuition and workshops for adults and children in a range of settings.



## ● Preloved Tools

Bring your unwanted old tools to the conference and find them a new home!



## ● Blanket Sale

We have a blanket sale for anyone to lay a blanket down in the village square and sell their items /produce /spare tools or equipment. All we ask is a donation from the sales!





## ● The Woven Owl – Jo Irvine

Jo focuses on using traditional crafts to develop fun and inspiring items whilst having a lot of fun doing it. These simple weaving techniques are easy to learn but can quickly create beautiful items that also develop a deep sense of achievement and self-esteem.



## ● Sussex Greenwood

Tim Ford, our very own Sussex Greenwood expert. Tim is a life long greenwood worker who is passing on his skills and passion to anyone who loves the outdoors and wants to learn the old ways. It could be working on a shave horse to creating sheep hurdles Tim will guide you through the process and you leave knowing you have worked with a true woodsman.



## ● Transition Lymington - Sarah Fawkes and Kate Collison



As part of our local transition group we are making woodland bags. This encompasses tool use, care for the planet, individual creativity and gives children something useful to take home. We upcycle unwanted fabric into washable, reusable tote bags and decorate them using woodland materials, dyes and patterns.

## ● Simon Clements Woodcarving – Tool Sharpening Demonstration

Simon is a wood carver sculptor and educator working primarily in English timber on public installations and private commissions. He will be demonstrating using the new Tormek Bush Craft Sharpening System which has been designed with woodcraft and green wood workers in mind.

## ● UKHarvest

UKHarvest is a not-for-profit environmental food rescue and education charity, based in Chichester, that collects quality excess food from commercial outlets and delivers it, direct and free of charge, to charities and organizations feeding vulnerable people. We deliver rescued food to 101 charitable causes completely free of charge across the south.



## ● Sussex Forest Activities – Samantha Cross

Sam is a qualified Mindfulness Teacher and Forest School Leader. She has a passion for the environment and looks to share ideas with people as to how it can be protected. She has just launched a series of workshops to help people reduce their use of single-use plastics such as cling film and at the conference will be making Bees Wax Food Wraps.

## ● Wildside Bar & Hedgewitch Fine Food



Jane collects wild herbs, flowers and seaweeds and creates artisan products; from Wild Herb Pesto, Raw Seaweed Tapenade to Summer Flower Cordials and Wild Herb Teas. The Wildside Bar will also sell Nettle Beer on draft, Elderflower Gin and many other delicious drinks.

## ● The Charter for Trees, Woods and People (Tree Charter)



The part we all play in bringing it to life. Sarah Shorley joined the Woodland Trust in May 2018 to drive the Tree Charter's vision forward. Working closely with the charter partners, including the National Association of Local Councils (NALC), Sarah is supporting the Charter Branch Network to bring the Tree Charter to life in communities across the UK.

## PLUS!

## ● Chichester Forest Schools CIC - Rachel Maynard

Rachel will discuss the trials and tribulations of setting up a Forest School CIC and to share her experiences with anyone grappling with the 'other side of forest school'!

## ● Shawn Dalton & Charlie Gaffney – Mawi'Art: Wabanaki Artist Collective.



- Charlie will be assembling Wabanaki hand drums with a volunteer from the audience.
- **Muddy Faces** - Opening Up The Outdoors Project in collaboration with Early Childhood Outdoors.
  - **Wyld @ Heart** – Sarah Brackpool/Neil Trotter



# Forest School Day October 11th, 2019



A dedicated annual event in which everyone involved in Forest School can **CONNECT, SHARE** and **CELEBRATE** their achievements.

We invite you to join the second annual celebration of UK Forest School on or around October 11th, 2019. The aim is to create joyful and playful celebrations across the UK. Visit [www.forestschoolday.org](http://www.forestschoolday.org) to find out more and join in.

You can be part of the celebrations during the 2019 Under one Tree Conference at the Forest School Day area. There you will have an opportunity to share your love of Forest School and discuss how you can contribute to this event in the future.

In 2018 UK Forest School had its 25th birthday. To mark the occasion an annual Forest School Day was created which recognises the achievements of Forest Schools and their leaders around the United Kingdom. Following the success of this first year a social enterprise was created by Katey Hugi, Jon Cree and Jo Phillips. The aim is to provide a platform so we can connect our community in an annual celebration, share our love of Forest School, and celebrate in a forest school way. Whether your connection to Forest School is as a forest school leader, helper, parent, grandparent, pupil, teacher or helper.

The first national **Forest School Day** last year was a great success, with over 3,500 people visiting the FSD website in its first 3 days of launch and over 200 individuals signing up. Celebrations, the Forest School way, were held over the UK and people shared details of their celebrations through our website, Instagram and Facebook pages.



CONNECTING, SHARING AND CELEBRATING FOREST SCHOOL

[www.forestschoolday.org](http://www.forestschoolday.org)



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# Bringing the community together under one tree



Proud to support the So Sussex 'Schools Without Walls' project in conjunction with Sussex FSA, who, by working together with two local schools, Ifield Community School and Manor Green College, have produced the Art Trail you see in High Ashurst Woods.

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# Tree-mendous people I met at the FSA Conference 2019!

<b>Who?</b>	
<b>Where would I find them?</b>	
<b>Contact details...</b>	
<b>What do they do?</b>	
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a small space for big Ideas



There are so many wonderful people and organisations who have come together to make Under One Tree happen and it's been a pleasure to work with all of them.

### Special thanks....

- A huge thank you and high fives to Ben and his team at High Ashurst who have tolerated our many requests and worked tirelessly to accommodate them.
- Big thank you to Caroline from So Sussex and the staff and students from Ifield community college and Manor Green college for the Art trail you will find along the ways.
- All our wonderful and enthusiastic delegates.
- Thomas A Becket School for organising our logo competition.
- Dave and Fiona at the Institute for Outdoor Learning office for their tireless patience and support.
- Peter Hutchinson our IT consultant.
- Our guest speakers for coming along to inspire us all.
- All workshop providers and speakers for their time and expertise.
- Our sponsors for their encouragement and financial support.
- All our volunteers without whom this conference would not have been possible.
- Lastly, but by no means least, the fabulouso work-party from Surrey and Sussex FSA who have been amazing giving up hours of their free time to create a weekend that hopefully will enrich our practice and help build a solid national forest school community.





# Under One Tree

Wood • Oneness • Wonder

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- Cabin
- Car parking
- Camper vans
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- Disabled toilets
- Fire assembly point
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- Dining area
- First aid
- Information point
- Fire pit
- Review shelters
- Marquee



\* Map not to scale

Headley Heath →